Physician:
Patient:
Accession #:
Sex:
Date of Birth:
Collected:
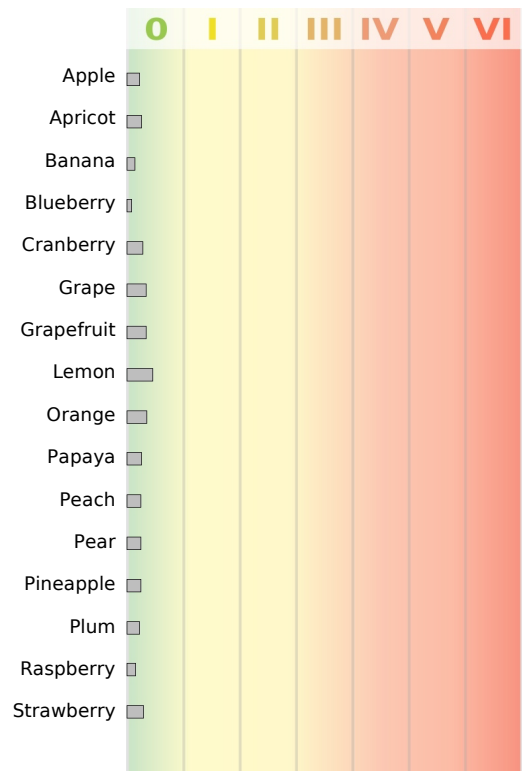
IgG

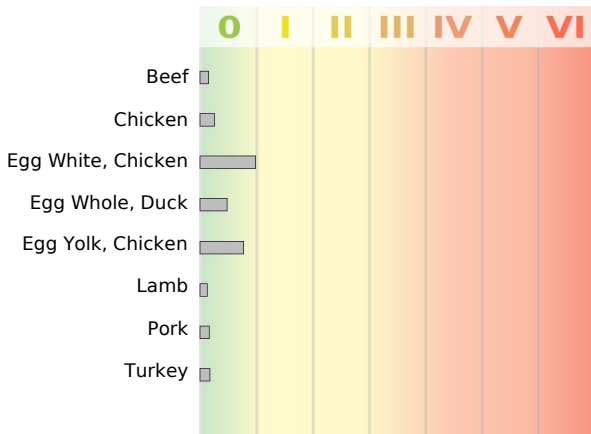## Dairy

Bovine-derived unless specified
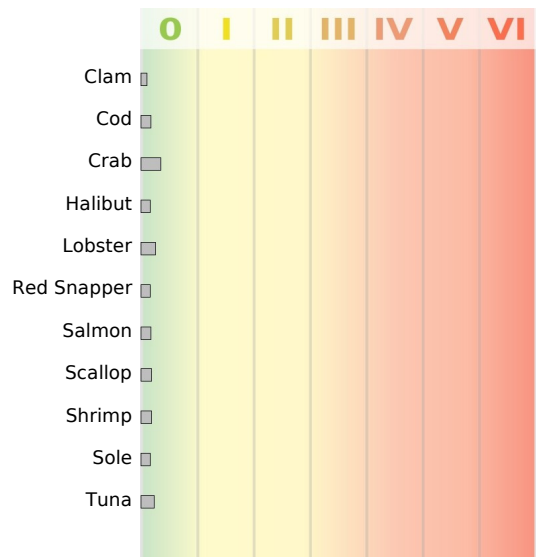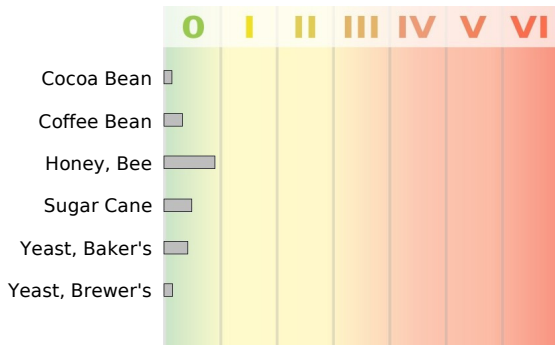
	0	I	II	III	IV	V	VI
Casein	▭						
Cheese, Cheddar	▭						
Cheese, Cottage	▭						
Cheese, Mozzarella	▭						
Milk	▭						
Milk, Goat	▭						
Whey	▭						
Yogurt	▭						

Meat/Fowl

	0	I	II	III	IV	V	VI
Beef	▫						
Chicken	▫						
Egg White, Chicken	▭						
Egg Whole, Duck	▭						
Egg Yolk, Chicken	▭						
Lamb	▫						
Pork	▫						
Turkey	▫						

Misc

	0	I	II	III	IV	V	VI
Cocoa Bean	▫						
Coffee Bean	▭						
Honey, Bee	▭						
Sugar Cane	▭						
Yeast, Baker's	▭						
Yeast, Brewer's	▫						

Fruits

	0	I	II	III	IV	V	VI
Apple	▫						
Apricot	▫						
Banana	▫						
Blueberry	▫						
Cranberry	▫						
Grape	▭						
Grapefruit	▭						
Lemon	▭						
Orange	▭						
Papaya	▭						
Peach	▭						
Pear	▭						
Pineapple	▭						
Plum	▭						
Raspberry	▫						
Strawberry	▭						

Fish/Crustacea/Mollusk

	0	I	II	III	IV	V	VI
Clam	▫						
Cod	▫						
Crab	▭						
Halibut	▫						
Lobster	▭						
Red Snapper	▭						
Salmon	▫						
Scallop	▭						
Shrimp	▭						
Sole	▫						
Tuna	▭						

Reaction Class

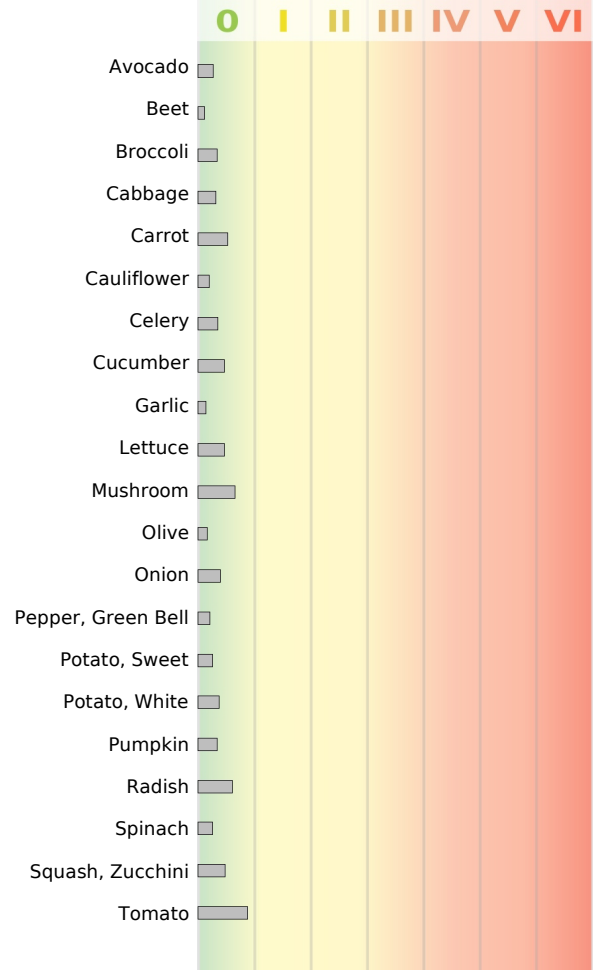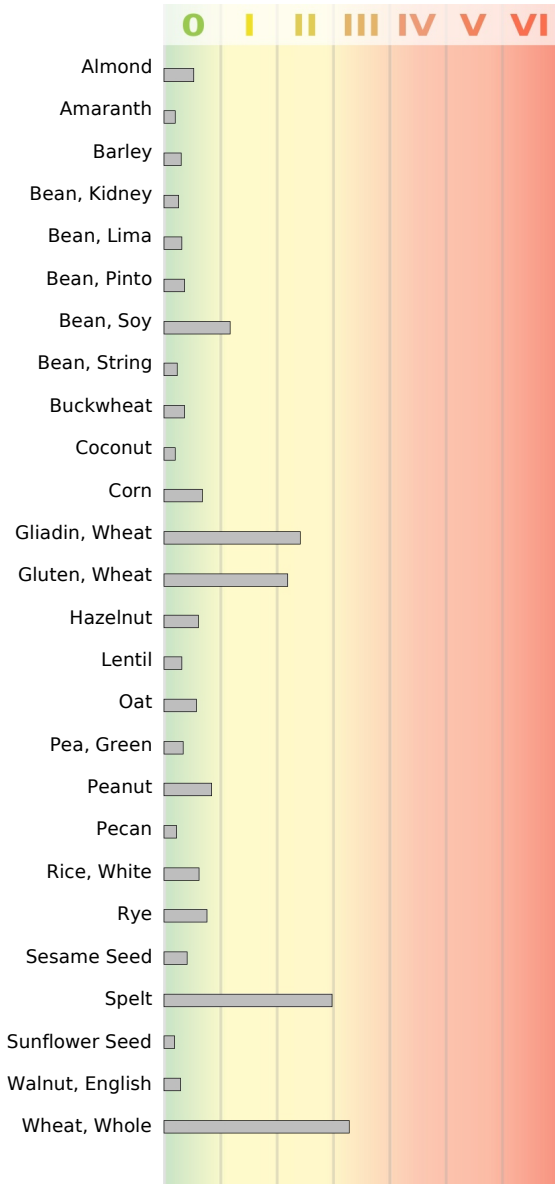| 0	I	II	III	IV	V	VI
No Reaction	Very Low	Low	Moderate	High	Very High	Extremely High

Physician:
Patient:
Accession #:
Sex:
Date of Birth:
Collected:

IgG

Grains/Legumes/Nuts

Food	0	I	II	III	IV	V	VI
Almond							
Amaranth							
Barley							
Bean, Kidney							
Bean, Lima							
Bean, Pinto							
Bean, Soy							
Bean, String							
Buckwheat							
Coconut							
Corn							
Gliadin, Wheat							
Gluten, Wheat							
Hazelnut							
Lentil							
Oat							
Pea, Green							
Peanut							
Pecan							
Rice, White							
Rye							
Sesame Seed							
Spelt							
Sunflower Seed							
Walnut, English							
Wheat, Whole							

Vegetables

Food	0	I	II	III	IV	V	VI
Avocado							
Beet							
Broccoli							
Cabbage							
Carrot							
Cauliflower							
Celery							
Cucumber							
Garlic							
Lettuce							
Mushroom							
Olive							
Onion							
Pepper, Green Bell							
Potato, Sweet							
Potato, White							
Pumpkin							
Radish							
Spinach							
Squash, Zucchini							
Tomato							

Reaction Class

0	I	II	III	IV	V	VI
No Reaction	Very Low	Low	Moderate	High	Very High	Extremely High